COORDINARE

phn SOUTH EASTERN NSW
An Australian Government Initiative

COMMUNITY GRANTS

Empowering our communities

GRANT OPPORTUNITY NOW OPEN!

This is an open grants program and can be applied for at any time until funding has been exhausted

Empowering our communities is a commonwealth funded initiative aimed at helping farmers and communities in drought affected regions deal with the uncertainty, stress and anxiety of drought conditions. As part of this initiative COORDINARE - South Eastern NSW PHN invites local community organisations to apply for grant funding that will address immediate support needs within the community and foster longer term recovery and resilience.

These grants aim to promote community resilience and enhance community wellbeing through group based activities that deliver mental health and wellbeing benefits to individuals. Funding is available for small to medium community groups/organisations to provide activities that are delivered at no cost to consumers and will:

- promote resilience and reduce stigma associated with mental illness and accessing mental health and suicide prevention services
- improve physical and mental health
- provide community education on topics such as managing stress, anxiety, depression and stigma.

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Grant eligibility

Organisations, community groups and local governments who are based in the following local government areas are eligible to apply: Shoalhaven; Eurobodalla; Bega Valley; Snowy Monaro; Queanbeyan Palerang; Goulburn Mulwaree; Yass Valley and Upper Lachlan Shire.

What the grant money can be used for

This funding is for group focused health and wellbeing initiatives, types of activities that will be considered include:

- community health and wellbeing events or workshops that promote individual and/ or community resilience and reduce stigma associated with mental illness and accessing mental health and suicide prevention services
- complementary and lifestyle interventions known to improve physical and mental health, that can be delivered in a group setting, such as exercise classes, relaxation and yoga classes, mindfulness meditation classes
- community education sessions on topics such as managing stress, anxiety, depression and stigma.

What the grant money cannot be used for

Projects which are not eligible for this funding include:

- activities / services which duplicate existing
- reimbursement of individual activities e.g. gym membership, aromatherapy etc.
- construction of new community infrastructure
- refurbishment, repair and maintenance of existing community infrastructure
- purchasing of assets (i.e. buildings or vehicles)

Grant funding amounts

There are three levels of grant amounts available:

- Level 1 – up to $1,500
- Level 2 - $1,501 - $10,000
- Level 3 - $10,001 to $30,000

Grant funding is available from February 2019 until funding has been exhausted.

How to apply

To apply for a South Eastern NSW PHN Community Grant, head to: www.coordinare.org.au/drought where you can download the application form. Completed forms can be emailed to eocgrants@coordinare.org.au

Evaluation of applications will be determined by the level of funding you have applied for. Funding will be paid direct to the bank account provided on your application following the return of the signed grant agreement documents.

Further Information

For further information contact: Louise Roser on 02 4474 8410 or email: lroser@coordinare.org.au
A copy of the Grant Guidelines can be downloaded **http://bit.ly/droughtgrant_guidelines**