



Q.I. RECIPE

COVID-19 Chronic Disease

Why improve this area?

- People with chronic conditions or compromised immune systems are at greater risk of more serious illness if they are infected with coronavirus (COVID-19). ¹
- While stress and anxiety are normal reactions during crisis situations, the negative impact of COVID-19 outbreak may affect the clinical outcomes of patients with chronic conditions like mental illness and cardiovascular diseases whose development and management are linked to stress and anxiety. ¹
- There has been a significant drop in engagement with healthcare services for non-COVID-19 health issues in Australia. ²

¹ [Department of Health](#)

² [Continuity of Care Collaboration](#)

QI ideas

- Create lists of patients who are most at risk of poor outcomes due to Covid-19 using the [Clinical Data Auditing Activities Focusing on High Risk Patients](#).
- Develop a proactive communication plan to reach vulnerable patients with chronic diseases such as diabetes and heart disease.
- Proactively undertake health assessments for high risk patients - consider using Telehealth to assist where possible.
- Work closely with local Pharmacies and develop interim arrangements for the prescription process to support telehealth services.
- Upload Shared Health Summaries to My Health Record to improve patient care by sharing of this information.
- Consider implementing peer-developed models of care: [COORDINARE Patient Centred Medical Home](#) [APNA Nurse Led Clinics](#)
Contact your HCC for more information.

MBS items

COVID-19 telehealth items:

- [GP Management Plan \(GPMP\)](#) (92024)
- [Team Care Arrangement \(TCA\)](#) (92025)
- [Review of GPMP or TCA](#) (92028)
- [GP Mental Health Treatment Plan](#) (92112 - 92117)

COVID-19 telephone items:

- [GP Management Plan \(GPMP\)](#) (92068)
- [Team Care Arrangement \(TCA\)](#) (92069)
- [Review of GPMP or TCA](#) (92072)
- [GP Mental Health Treatment Plan](#) (92124 - 92129)

For an extensive list of all COVID-19 Telehealth MBS items [Click here](#)

Clinical and QI Resources

COORDINARE QI Resources:

- [Data Quality](#)
- [Quality Improvement](#)

COVID-19 Health Pathways:

- [Illawarra Shoalhaven](#)
- [ACT & Southern NSW](#)

COVID-19 information for GPs:

- [RACGP](#)
- [COORDINARE](#)

Other tools and resources:

- [Psychiatry Support Line for GPs](#)
- [Head to Health](#)
- [Get Healthy](#)

Useful Websites:

- [Diabetes Australia](#)
- [Lung Foundation Australia](#)
- [Heart Foundation](#)
- [Stroke Foundation](#)
- [Kidney Health Australia](#)
- [Beyond Blue](#)

